

ERIE COUNTY MENTAL HEALTH FIRST AID

FOR ADULTS INTERACTING WITH OTHER ADULTS

The Mental Health First Aid for Adults Interacting with Other Adults training teaches people how to recognize signs of mental health or substance use challenges in adults 18 and over, how to offer and provide help, and how to guide a person toward appropriate care.

**WEST SENECA PUBLIC LIBRARY
1300 UNION ROAD
WEST SENECA, NY 14224**

SESSION 1

**MARCH 2, 2024
10:30AM-2:30PM**

SESSION 2

**MARCH 16, 2024
10:30AM-2:30PM**

*****MUST ATTEND BOTH SESSIONS FOR A CERTIFICATE*****

**REGISTRATION IS REQUIRED
TO REGISTER, CALL:
WEST SENECA PUBLIC LIBRARY (716) 674-2928**

THIS FREE TRAINING IS OFFERED BY THE

ERIE COUNTY OFFICE OF HEALTH EQUITY



Erie County
Department of
Health



Mental Health FIRST AID®
from NATIONAL COUNCIL FOR MENTAL WELLBEING®